

Piercing Aftercare

- Please tend to your piercing twice daily.
- Always use freshly washed hands to gently clean around your piercing with antibacterial soap.
- Be sure to completely remove any crusty matter.
- Rinse and pat it dry with a clean towel.
- Using sterile saline solution, gently move jewelry 2-3 times.
- Nightly, mix ¼ teaspoon of non-iodized sea salt with 1 cup of warm water and soak your piercing for 15 minutes.
- Use a cotton swab to remove any debris.
- Do not touch unless cleaning.
- Do not bandage.
- Do not use ointment.
- Do not swim in rivers, oceans, lakes or Jacuzzis.
- Do not take advice from friends, relatives or neighbors.
- Do eat your vegetables and drink lots of H₂O.
- Do remember that there is a risk of infection and or allergic reaction.